

## Helena Foster

BORN IN BENIN CITY, NIGERIA, 1988

LIVES AND WORKS IN LONDON, UNITED KINGDOM

### Education

2007-10 B.A., Camberwell College of Arts, University of the Arts London, UK  
2006-07 Foundation, Chelsea College of Arts, London, UK

### Solo Exhibitions

2024-25 "In Voluntary Absence," 1st Floor, Green Park, Bath, UK  
2023 "To See Beyond Seeing," Simon Lee Gallery, London, UK  
2022 "In One Breath," French Riviera, London, UK  
2021 "Things of The World," online  
2020 "Flesh & Spirit," Bow Arts, Thamesmead, London, UK  
2019 "Achicha," Studio 1.1, Shoreditch, London, UK  
"Money, Love, Jealousy," OM's, Victoria Island, Lagos, Nigeria  
2018 "Space In Between," Seesaw Studio, Dalston, London, UK

### Selected Group Exhibitions

2025 "Wings Of A Butterfly," Ingleby, Edinburgh, UK  
2024 "of intimacy and quietude," Sid Motion Gallery, London, UK  
2023 "Image Impressions," FF Projects, Lagos, Nigeria  
"Time," Pablo's Birthday, New York, NY  
2022 "Cosmic Coincidences," French Riviera, London, UK  
"Manifold," FF Projects, London, UK  
Gertrude "Presents," London, UK  
"Leo Asemota & Helena Foster: Materials For A Performance Of Unknown Reasons," London, UK  
"Elbow Room," The Sunday Painter, London, UK  
2021 "EQX 22. 20:20. 21," French Riviera, London, UK  
"Art X Lagos," Septieme Gallery, Paris, France  
2020 "Entre Amis Trois," French Riviera, London, UK  
"Viva la Fiesta," French Riviera, Bethnal Green, London, UK  
2019 "Entre Amis Deux," French Riviera, Bethnal Green, London, UK  
2018 "Black," The Crypt Gallery, St Pancras, London, UK  
"50 / 50," The Crows Nest Gallery, London, UK  
"Encounter," Jewel Piccadilly, London, UK  
2017 Art Hub Gallery, Deptford, London, UK  
2010 "Storytelling," Remp Art Gallery, Marrakech, Morocco  
Degree show, Camberwell College of Arts, London, UK  
2009 "Youth Art Interchange II: A sense of perspective," Tate Britain, London, UK

### Curatorial & Collaborative

- 2019 Lagos Biennial: "How to Build A Lagoon with Just A Bottle of Wine," Guest Projects, Shonibare Studios, London, UK
- 2018 "Foundations in Curating," Sotheby's Institute of Art, London, UK
- 2017 Tate Collective Talk, Tate Britain, London, UK
- 2016 Modern & Contemporary African Art. Sotheby's Institute of Art, London, UK
- 2015 Adidas Collaboration: "When I see you, I See Me," Late at Tate, London, UK
- 2013 "Power Myth & Technology: A one-day symposium," Tate Modern, London, UK  
"Hyperlink – Circuit," Tate Modern, London, UK
- 2012 "Benjamin, Benin and Britain: A Diamond Jubilee," The British Museum, London, UK  
"The Ens Project: Count Off for Eo Ipso" Leo Asemota, Tate Tanks, Tate Modern, London, UK
- 2011 "Controversy in Art," Art Session, Centre Pompidou, Paris, France
- 2010 Louis Vuitton Young Arts Project Summer Academy  
"Britishhistory Series: Make it up, Mix it up & Talk it up," Tate Britain, London, UK  
"Fearless," Kultu, Kiasma Museum of Contemporary Art, Helsinki, Finland  
"UK-China 400: Creativity and Cultural Innovation," British Council, Shanghai

### Residencies

- 2020 Thamesmead Texas, Thamesmead, London, UK
- 2010 Terre Sans Frontiere | And'Art. Marrakech, Morocco

### Articles & Reviews

- 2024 Manifold Archives, FF Projects, 2024.
- 2023 "Home Truths / Helena Foster: Refined Palette," *Konfekt Kompakt*, Issue 62, 2023.
- 2022 "Preoccupied with Things Left Behind: On Three Nigerian Artists," MoMus, 2022.
- 2020 "Contemporary Artists from England," *England: Talking of Art*, Imago Mundi, 2020.
- 2018 "UNMANIFESTO," *Good Trouble Magazine*, Issue 22, August 2018.
- 2012 The Africa Issue, *Under The Influence Magazine*, 2012.  
"Issues of Identity, Purpose and Direction: Conversation between Jelili Atiku and Helena Foster."